

**Endoscopy Center of North Mississippi, LLC**

**Patient Name:** test test

**EGD/ERCP Prep Instructions:**

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Please read the following instructions very carefully. This is very important!

\*\*\* STOP weight loss supplements 7 days before your test

\*\*\* STOP blood thinners such as plavix/clopidogrel, coumadin/warfarin, pradaxa, brillinta 5 days before your test

\*\*\* STOP blood thinners such as xarelto/rivaroxaban and eliquis/apixaban 2 days before your test

\*\*\* STOP aleve, advil, naproxen, bc's and any other anti-inflammatories 3 days before your test.  
Tylenol (acetaminophen is fine to take)

\*\* IF you are having this test at the hospital (BMH) \*\*\*STOP Mounjaro, Ozempic, Wegovy, Rybelsus, or any other weight loss meds 7 days before your test. If you are having the test at our endoscopy facility, disregard.

\*\*\* If you see a cardiologist every 3-6 months OR have any upcoming heart tests or appointments, please notify the scheduler to ensure we can get a cardiac clearance in time. \*\*\*

\*\*\*\*We ask that if you need to reschedule, please do so at least 96 hours before your procedure or you will have to pay a \$100 cancelation fee. If you do not show up to your appointment, you will not be rescheduled until you pay the \$100 fee.

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To prepare for the test:

**NO SOLID FOOD AFTER MIDNIGHT!!!!**

Since you have an afternoon appointment, you may have CLEAR LIQUIDS until 7 am. DO NOT EAT ANY SOLID FOOD!

\*NO solid food \*NO dairy products \* NO Gum \*NO mints \*NO candy

You may have water, apple juice, white grape juice, soda, black coffee, tea and popsicles before 7 am.

!!!! Absolutely NOTHING after 7 am!!!!

You may take your heart, blood pressure, seizure, and/or anxiety medications in the morning, with water before 7 am, if you normally take them in the morning.

If you are diabetic and on medication by mouth, you may take that in the AM as well. If you are on insulin, check your blood sugar and follow insulin protocol sheet that is attached for further instructions.

You may brush your teeth, just spit out the water.

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Other important information:

\* You will need a driver for the day because you will be sedated. Bring only ONE person with you.

\* If you wear dentures, you will be asked to remove them right before the procedure, so DO NOT use adhesive on the day of your procedure.

\* Bring an updated list of your current medications to ensure we have it accurate in your chart.

\* DO NOT SMOKE, VAPE OR DIP on the day of your procedure. THIS IS VERY IMPORTANT!!!

\* Because your doctor individualizes the care for every patient, you may expect to be at the Endoscopy Center 2 to 4 hours.

\* Please leave your jewelry at home, otherwise you will be asked to remove it upon arrival.

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\* If you have any questions, please do not hesitate to contact our office at 662-234-9888 (press 5) or 1-800-489-0988

Please do not enter the building if you have any covid symptoms such as fever, cough, sore throat or loss of smell / taste. Please call us to reschedule. Also call to reschedule if you have been exposed to someone who has tested positive to covid in the last 14 days.

**Please bring your insurance cards and your driver's license to your appointment! Thank you!**