

Endoscopy Center of North Mississippi, LLC

Patient Name: test test

EGD/ERCP Prep Instructions:

***If you are scheduled at Panola Medical Center, They will contact you with your ARRIVAL TIME ***
Please arrive at their requested time for pre-op purposes.

Please read the following instructions very carefully. This is very important!

** STOP weight loss medications 7 days before the test.

** STOP blood thinners plavix/clopidogrel, coumadin/warfarin, brillinta, pradaxa and effient 5 days before the test.

** STOP blood thinners eliquis/apixaban and xarelto/rivaroxaban 2 days before the test

** STOP advil, aleve, naproxen, bc's or any other anti-inflammatory meds 3 days before the test. Tylenol (acetaminofen is fine)

** IF you are having a test at the hospital (BMH) ***STOP Mounjaro, Ozempic, Wegovy, Rybelsus, or any other weight loss meds 7 days before your test. If you are having the test at our endoscopy facility disregard.

** If you see a cardiologist every 3-6 months OR have any upcoming heart tests or appointments, please notify the scheduler to ensure we can get a cardiac clearance in time.***

**We ask that if you need to reschedule, please do so at least 96 hours before your procedure or you will have to pay a \$100 cancelation fee. If you do not show up to your appointment, you will not be rescheduled until you pay the \$100 fee.

To prepare for the test:

Nothing by mouth after midnight. No gum, no water, no mints, no food of any kind.

You may take your heart, blood pressure, seizure, and/or anxiety medications in the morning, with a SIP water before 7 am, if you normally take them in the morning.

If you are on insulin, check your blood sugar and follow insulin protocol sheet that is attached for further instructions.

You may brush your teeth, just spit out the water.

Other important information:

- * You will need a driver for the day because you will be sedated. Bring only ONE person with you.
- * If you wear dentures, you will be asked to remove them right before the procedure, so DO NOT use adhesive on the day of your procedure.
- * Bring an updated list of your current medications to ensure we have it accurate in your chart.
- * DO NOT SMOKE, VAPE OR DIP on the day of your procedure. THIS IS VERY IMPORTANT!!!
- * Because your doctor individualizes the care for every patient, you may expect to be at the Endoscopy Center 2 to 4 hours.
- * Please leave your jewelry at home, otherwise you will be asked to remove it upon arrival.

If you have any questions, please do not hesitate to contact our office at 662-234-9888 (press 5) or 1-800-489-0988Please do not enter the building if you have any covid symptoms such as fever, cough, sore throat or loss of smell / taste.Please call us to reschedule. Also call to reschedule if you have been exposed to someone who has tested positive to covid in the last 14 days.

Please bring your insurance cards and your driver's license to your appointment! Thank you!